

CB-BK WE2 2026: Session: 1: COACH evaluation sheet for TEAM: DBT

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Smet Kathleen HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 100M BUTTERFLY MEN 15+			Heat:4, starttime: 09:01
Heat: 4/12 Lane : 3 Athlete: BIRLOGEANU LUCA			Q-time: 01:02:61
PB (50m pool): 01:02.61 Seraing 22/03/2026			PB (25m pool): 01:04.07 SB: 01:02.61 Seraing 22/03/2026
	5 0 M	1 0 0 M	
PB	00:29.55	01:02.61	
	00:29.55	00:33.06	
			

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 15+			Heat:4, starttime: 09:20
Heat: 4/16 Lane : 3 Athlete: CUIJVERS LISA			Q-time: 00:34:52
PB (50m pool): 00:34.52 Genk 01/02/2026			PB (25m pool): 00:33.29 SB: 00:34.52 Genk 01/02/2026
	5 0 M		
PB	00:34.52		
	00:34.52		
			

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 15+			Heat:9, starttime: 09:28
Heat: 9/16 Lane : 5 Athlete: RENETTE LENA			Q-time: 00:33:35
PB (50m pool): 00:33.35 Antwerpen 27/07/2025			PB (25m pool): 00:32.42 SB: 00:33.78 Antwerpen 22/03/2026
	5 0 M		
PB	00:33.35		
	00:33.35		
			

Coach feedback:

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Event number: 3: 50M BACKSTROKE WOMEN 15+			Heat:12, starttime: 09:33		
Heat: 12/16 Lane : 2 Athlete: VANHEES ELLA			Q-time: 00:32:47		
PB (50m pool): 00:32.47 Antwerpen 27/07/2025			PB (25m pool): 00:31.66 SB: 00:33.01 Genk 01/02/2026		
	5 0 M				
PB	00:32.47				
	00:32.47				
					

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 15+			Heat:14, starttime: 09:36		
Heat: 14/16 Lane : 7 Athlete: FREDERIX MAYA			Q-time: 00:31:47		
PB (50m pool): 00:31.47 Antwerpen 27/07/2025			PB (25m pool): 00:30.47 SB: 00:31.86 Wezenberg 03/01/2026		
	5 0 M				
PB	00:31.47				
	00:31.47				
					

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 15+			Heat:15, starttime: 09:37		
Heat: 15/16 Lane : 7 Athlete: MELOTTE PIA			Q-time: 00:31:44		
PB (50m pool): 00:31.44 Antwerpen 08/03/2026			PB (25m pool): 00:33.02 SB: 00:31.44 Antwerpen 08/03/2026		
	5 0 M				
PB	00:31.44				
	00:31.44				
					

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 15+			Heat:16, starttime: 09:39		
Heat: 16/16 Lane : 3 Athlete: VANDEVENNE LIAH			Q-time: 00:30:86		
PB (50m pool): 00:30.86 Antwerpen 22/03/2026			PB (25m pool): 00:29.92 SB: 00:30.86 Antwerpen 22/03/2026		
	5 0 M				
PB	00:30.86				
	00:30.86				
					

Coach feedback:

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Event number: 4: 400M MEDLEY MEN 15-18							Heat:1, starttime: 09:40	
Heat: 1/5 Lane : 3 Athlete: FREDERIX LOU							Q-time: 05:23:78	
PB (50m pool): 05:23.78 SportinGenk Park 24/05/2026				PB (25m pool): no time SB: 05:23.78 SportinGenk Park 24/05/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:34.90	01:17.70	01:59.63	02:40.41	03:25.93	04:11.08	04:48.36	05:23.78
	00:34.90	00:42.80	00:41.93	00:40.78	00:45.52	00:45.15	00:37.28	00:35.42
								

Coach feedback:

Event number: 4: 400M MEDLEY MEN 15-18							Heat:1, starttime: 09:40	
Heat: 1/5 Lane : 4 Athlete: JANSSEN THIBE							Q-time: 05:21:47	
PB (50m pool): 05:21.47 SportinGenk Park 24/05/2026				PB (25m pool): 05:42.90SB: 05:21.47 SportinGenk Park 24/05/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:34.28	01:14.46	01:56.88	02:38.19	03:24.03	04:10.53	04:46.88	05:21.47
	00:34.28	00:40.18	00:42.42	00:41.31	00:45.84	00:46.50	00:36.35	00:34.59
								

Coach feedback:

Event number: 4: 400M MEDLEY MEN 15-18							Heat:4, starttime: 09:58	
Heat: 4/5 Lane : 2 Athlete: JORISSEN RUBE							Q-time: 04:58:90	
PB (50m pool): 04:58.90 SportinGenk Park 24/05/2026				PB (25m pool): 04:48.82SB: 04:58.90 SportinGenk Park 24/05/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:31.90	01:09.16	01:48.29	02:27.18	03:09.27	03:51.82	04:25.68	04:58.90
	00:31.90	00:37.26	00:39.13	00:38.89	00:42.09	00:42.55	00:33.86	00:33.22
								

Coach feedback:

Event number: 4: 400M MEDLEY MEN 15-18							Heat:5, starttime: 10:03	
Heat: 5/5 Lane : 7 Athlete: BAELEN TOBE							Q-time: 04:52:22	
PB (50m pool): 04:52.22 Antwerpen 08/03/2026				PB (25m pool): 04:40.91 SB: 04:52.22 Antwerpen 08/03/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:29.67	01:04.77	01:42.40	02:19.98	03:03.66	03:47.84	04:20.91	04:52.22
	00:29.67	00:35.10	00:37.63	00:37.58	00:43.68	00:44.18	00:33.07	00:31.31
								

Coach feedback:

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Event number: 5: 200M BREASTSTROKE WOMEN 15+					Heat:6, starttime: 10:27
Heat: 6/9 Lane : 8 Athlete: POEL MAREN					Q-time: 02:51:12
PB (50m pool): 02:51.12 Antwerpen 08/03/2026			PB (25m pool): 02:47.09 SB: 02:51.12 Antwerpen 08/03/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:39.90	01:24.02	02:08.58	02:51.12	
	00:39.90	00:44.12	00:44.56	00:42.54	
					

Coach feedback:

Event number: 5: 200M BREASTSTROKE WOMEN 15+					Heat:8, starttime: 10:33
Heat: 8/9 Lane : 3 Athlete: VERTESEN FRAN					Q-time: 02:43:14
PB (50m pool): 02:43.14 Rotterdam 19/04/2026			PB (25m pool): 02:38.14 SB: 02:43.14 Rotterdam 19/04/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:37.26	01:18.43	02:00.61	02:43.14	
	00:37.26	00:41.17	00:42.18	00:42.53	
					

Coach feedback:

Event number: 5: 200M BREASTSTROKE WOMEN 15+					Heat:9, starttime: 10:37
Heat: 9/9 Lane : 3 Athlete: BROUWERS CHARLOTTE					Q-time: 02:39:19
PB (50m pool): 02:39.19 Antwerpen 22/03/2026			PB (25m pool): 02:33.87 SB: 02:39.19 Antwerpen 22/03/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.69	01:16.28	01:57.55	02:39.19	
	00:35.69	00:40.59	00:41.27	00:41.64	
					

Coach feedback:

Event number: 5: 200M BREASTSTROKE WOMEN 15+					Heat:9, starttime: 10:37
Heat: 9/9 Lane : 5 Athlete: VERSTREPEN SIEL					Q-time: 02:37:17
PB (50m pool): 02:37.17 Antwerpen 17/05/2026			PB (25m pool): 02:32.05 SB: 02:37.17 Antwerpen 17/05/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.13	01:14.08	01:55.34	02:37.17	
	00:34.13	00:39.95	00:41.26	00:41.83	
					

Coach feedback:

CB-BK WE2 2026: Session: 1: COACH evaluation sheet for TEAM: DBT

Event number: 6: 200M BACKSTROKE MEN 15+					Heat:1, starttime: 10:40
Heat: 1/10 Lane : 4 Athlete: FREDERIX LOU					Q-time: 02:28:90
PB (50m pool): 02:31.65 Genk 01/02/2026					PB (25m pool): 02:23.67 SB: 02:31.65 Genk 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.43	01:12.79	01:52.52	02:31.65	
	00:34.43	00:38.36	00:39.73	00:39.13	
					

Coach feedback:

Event number: 6: 200M BACKSTROKE MEN 15+					Heat:6, starttime: 10:58
Heat: 6/10 Lane : 7 Athlete: BAELEN SIEBE					Q-time: 02:20:89
PB (50m pool): 02:20.89 Antwerpen 27/07/2025					PB (25m pool): 02:16.25 SB: 02:28.29 Antwerpen 17/05/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.86	01:07.36	01:45.07	02:20.89	
	00:31.86	00:35.50	00:37.71	00:35.82	
					

Coach feedback:

Event number: 7: 200M BUTTERFLY WOMEN 15+					Heat:2, starttime: 11:17
Heat: 2/4 Lane : 4 Athlete: VERTESEN FRAN					Q-time: 02:24:14
PB (50m pool): 02:24.14 Antwerpen 22/03/2026					PB (25m pool): 02:21.54 SB: 02:24.14 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.82	01:08.14	01:45.75	02:24.14	
	00:31.82	00:36.32	00:37.61	00:38.39	
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE MEN 15+					Heat:1, starttime: 11:27
Heat: 1/12 Lane : 2 Athlete: FREDERIX LOU					Q-time: 01:16:91
PB (50m pool): 01:17.14 Mol 28/06/2026					PB (25m pool): 01:11.91 SB: 01:17.14 Mol 28/06/2026
	5 0 M	1 0 0 M			
PB	00:36.57	01:17.14			
	00:36.57	00:40.57			
					

Coach feedback:

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Event number: 8: 100M BREASTSTROKE MEN 15+			Heat:2, starttime: 11:29
Heat: 2/12 Lane : 8 Athlete: CLAES PEPIJN			Q-time: 01:15:75
PB (50m pool): 01:15.75 Mol 28/06/2026			PB (25m pool): 01:13.29 SB: 01:15.75 Mol 28/06/2026
	5 0 M	1 0 0 M	
PB	00:35.45	01:15.75	
	00:35.45	00:40.30	
			

Coach feedback:

Event number: 8: 100M BREASTSTROKE MEN 15+			Heat:3, starttime: 11:31
Heat: 3/12 Lane : 4 Athlete: VERSCHAEREN LANDER			Q-time: 01:13:93
PB (50m pool): 01:13.93 Seraing 22/03/2026			PB (25m pool): 01:14.15 SB: 01:13.93 Seraing 22/03/2026
	5 0 M	1 0 0 M	
PB	00:33.96	01:13.93	
	00:33.96	00:39.97	
			

Coach feedback:

Event number: 8: 100M BREASTSTROKE MEN 15+			Heat:9, starttime: 11:41
Heat: 9/12 Lane : 6 Athlete: JORISSEN RUBE			Q-time: 01:09:46
PB (50m pool): 01:09.46 Genk 01/02/2026			PB (25m pool): 01:08.16 SB: 01:09.46 Genk 01/02/2026
	5 0 M	1 0 0 M	
PB	00:32.74	01:09.46	
	00:32.74	00:36.72	
			

Coach feedback:

Event number: 9: 50M FREESTYLE WOMEN 15+			Heat:5, starttime: 11:52
Heat: 5/13 Lane : 6 Athlete: FREDERIX MAYA			Q-time: 00:28:60
PB (50m pool): 00:28.60 Seraing 23/03/2025			PB (25m pool): 00:27.84 SB: 00:28.96 Antwerpen 17/05/2026
	5 0 M		
PB	00:28.60		
	00:28.60		
			

Coach feedback:

CB-BK WE2 2026: Session: 1: COACH evaluation sheet for TEAM: DBT

Event number: 9: 50M FREESTYLE WOMEN 15+										Heat:6, starttime: 11:53																			
Heat: 6/13 Lane : 5 Athlete: MELOTTE PIA																				Q-time: 00:28:52									
PB (50m pool): 00:28.52 Antwerpen 27/07/2025										PB (25m pool): 00:28.61 SB: 00:29.33 Genk 01/02/2026																			
	5 0 M																												
PB	00:28.52																												
	00:28.52																												
																													

Coach feedback:

Event number: 9: 50M FREESTYLE WOMEN 15+										Heat:6, starttime: 11:53																				
Heat: 6/13 Lane : 6 Athlete: RENETTE LENA																				Q-time: 00:28:53										
PB (50m pool): 00:28.53 Antwerpen 27/07/2025										PB (25m pool): 00:28.45 SB: 00:28.59 Antwerpen 22/03/2026																				
	5 0 M																													
PB	00:28.53																													
	00:28.53																													
																														

Coach feedback:

Event number: 9: 50M FREESTYLE WOMEN 15+										Heat:8, starttime: 11:55																																		
Heat: 8/13																				Lane : 4					Athlete: VANHEES ELLA										Q-time: 00:28:11									
PB (50m pool): 00:28.11										Antwerpen					22/03/2026					PB (25m pool): 00:27.85										SB: 00:28.11					Antwerpen					22/03/2026				
	5 0 M																																											
PB	00:28.11																																											
	00:28.11																																											
																																												

Coach feedback:

Event number: 9: 50M FREESTYLE WOMEN 15+										Heat:9, starttime: 11:56																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																							
Heat: 9/13										Lane : 6										Athlete: VANDEVENNE LIAH										Q-time: 00:27:94																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																			
PB (50m pool): 00:27.94										Wezenberg 05/01/2025										PB (25m pool): 00:27.21										SB: 00:28.18										Mol 28/06/2026																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																									

Coach feedback:

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Event number: 9: 50M FREESTYLE WOMEN 15+										Heat:11, starttime: 11:58																																																											
Heat: 11/13										Lane : 1										Athlete: BROUWERS CHARLOTTE										Q-time: 00:27:52																																							
PB (50m pool): 00:27.52										Antwerpen										08/03/2026										PB (25m pool): 00:26.60										SB: 00:27.52										Antwerpen										08/03/2026									
	5 0 M																																																																				
PB	00:27.52																																																																				
	00:27.52																																																																				
																																																																					

Coach feedback:

Event number: 10: 50M FREESTYLE MEN 15+										Heat:8, starttime: 12:08																			
Heat: 8/15 Lane : 4 Athlete: BAELEN TOBE																				Q-time: 00:25:39									
PB (50m pool): 00:25.39 Antwerpen 08/03/2026										PB (25m pool): 00:24.69SB: 00:25.39 Antwerpen 08/03/2026																			
	5 0 M																												
PB	00:25.39																												
	00:25.39																												
																													

Coach feedback: